



MARCH | 2020

EAST KNOX JR/SR HIGH LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 SOFT TACOS QUESADILLA CHICKEN PATTY/BUN CORN PEACHES MILK</p>	<p>3 GENERAL TSO RICE & EGG ROLL BUFFALO CALZONE DELI SUB ASIAN VEGGIES APPLESAUCE MILK</p>	<p>4 BEEF STROGANOFF CHEESE PIZZA ASST CHICKEN WRAP GREEN BEANS PINEAPPLE MILK</p>	<p>5 LASAGNA/GARLIC TOAST MEXICAN PIZZA DELI SUB BROCCOLI MANDARIN ORANGES MILK</p>	<p>6 CHICKEN STRIPS/ROLL PEPPERONI PIZZA MINI BURGER/BUN SWEET POTATO & APPLES MIXED BERRY CUPS MILK</p>
<p>9 MINI CORN DOGS PIZZA SUB CHICKEN PATTY/BUN BAKED BEANS PEARS MILK</p>	<p>10 BEEF ENCHILADA CALZONE DELI SUB NORMANDY BLEND MIXED TROPICAL FRUIT MILK</p>	<p>11 CHICKEN POT PIE BUFFALO CHICKEN PIZZA ASST CHICKEN WRAP CORN PINEAPPLE MILK</p>	<p>12 CHICKEN PARMASEAN GARLIC TOAST FRESH BREAD PIZZA DELI SUB CALIFORNIA BLEND MANDARIN ORANGES MILK</p>	<p>13 DOMINO'S TURKEY BURGER/BUN GREEN BEANS STRAWBERRY CUPS MILK</p>
<p>16 TACO IN A BAG QUESADILLA CHICKEN PATTY/BUN REFRIED BEANS PEACHES MILK</p>	<p>17 SALISBURY STEAK/ROLL BUFFALO CALZONE DELI SUB MASH POTATO/GRAVY APPLESAUCE MILK</p>	<p>18 SHEPARD PIE/ROLL CHEESE PIZZA ASST CHICKEN WRAP CARROTS PINEAPPLE MILK</p>	<p>19 CHICKEN ALFREDO GARLIC TOAST MEXICAN PIZZA DELI SUB SUCCATASH MANDARIN ORANGES MILK</p>	<p>20 POPCORN CHICKEN/ROLL PEPPERONI PIZZA CHEESEBURGER/BUN AU GRATIN POTATO FROZEN PEACHES MILK</p>
<p>23 SLOPPY JOES/BUN PIZZA SUB CHICKEN PATTY/BUN HASH BROWN STACKER PEARS MILK</p>	<p>24 BURRITO BAR CALZONE DELI SUB REFRIED OR BLACK BEANS MIX TROPICAL FRUIT MILK</p>	<p>25 BEEF & NOODLES/ROLL BUFFALO CHICKEN PIZZA ASST CHICKEN WRAP PEAS & CARROTS PINEAPPLE MILK</p>	<p>26 SPAGHETTI/MEAT SAUCE GARLIC TOAST FRENCH BREAD PIZZA DELI SUB MIDORI VEGGIE MANDARIN ORANGES MILK</p>	<p>27 DOMINO'S CHICKEN SLIDERS GREEN BEANS STRAWBERRY CUPS MILK</p>
<p>30 BBQ PORK/BUN QUESADILLA CHICKEN PATTY/BUN SOUTHERN WHITE BEANS PEACHES MILK</p>	<p>31 MASH POTATO BOWL/ROLL BUFFALO CALZONE DELI SUB CORN APPLESAUCE MILK</p>	<p>1 Jr/Sr High Lunch Prices Students \$2.50 Reduced \$.40 Milk \$.50 Adults \$2.75</p>	<p>2</p>	<p>3 FREE REDUCED APPLICATIONS ARE AVAILABLE IN BUILDING OFFICES & AT ekschools.org</p>

News

OFFERED DAILY
CHEF SALAD/CRACKERS
FRESH SEASONAL FRUIT
FRESH VEGGIE BAR

BREAKFAST IS FREE TO ALL
STUDENTS!!

MENU IS SUBJECT TO
CHANGE!!
BULLDOG HAPPENINGS:
3rd End of 3rd Nine weeks
5th County Quality
Assurance
Jr/Sr High Band Concert

THIS INSTITUTION IS AN
EQUAL OPPURTUNITY
PROVIDER

